TIME LIMITS

When qualifying heats finish, clubs must pay 2 euro, as a supplement of the entry fee, for each athlete who did not equal or surpass the time limits indicated in the following tables:

Male

REGULATIONS FOR FOREIGN CLUBS

CATEGORIES

	Female	Male
Novices A	89-99	99-2000
Boys	95-96-97	97-98
Juniors	93-94	95-96
Absolutes	92 and older	94 and older

LIMITATIONS

Each athlete can take part in no more than 2 races.

REGISTRATION

Registration must be made on line on the Swim Italian Federation web site (<u>http://online.federnuoto.it/iscr/</u><u>scrisocieta.php</u>) and starts September 15th and must be received no later than October 15th, 2010. In no case whatsoever will any changes and/or registration be accepted after October 15th, 2010. The organizing club reserves the right to close registration ahead of time if needed for a proper carrying out of the meeting. The entry fee is 8.00 euro per athlete/race.

Entry fees can be paid by bank transfer to the following banking account: A.S.D. Genova Nuoto – Deutsche Bank – IBAN code: IT 11 U 03104 01404 00000820474 (pls include a description of payment). The entry fee payment must be made before the competition starts and the swim club managers must show the payment receipt.

	Novices A	Boys 97	Boys 96-95	Juniors	Absolutes
100 Butterfly	1.22	1.07	1.05	1.04	1.01
100 Backstroke	1.23	1.07	1.05	1.04	1.02
100 Breaststroke	1.30	1.17	1.15	1.13	1.11
100 Freestyle	1.09	0.59	0.57	0.56	0.55
200 Medley		2.28	2.25	2.22	2.18

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	Novices A	Boys	Juniors	Absolutes					
100 Butterfly	1.23	1.14	1.10	1.08					
100 Backstroke	1.24	1.16	1.12	1.10					
100 Breaststroke	1.33	1.24	1.20	1.18					
100 Freestyle	1.13	1.05	1.03	1.01					
200 Medley		2.42	2.37	2.35					

Eamola

Depending on the entry times, the first 24 males and 24 females will be admitted to the Absolutes 400 m freestyle race. Given that, each athlete enrolled in the 400 m freestyle event may indicate a reserve event, if he/she isn't in the 24 participants lists.

The qualifying heats will be set on seeded swimmers. The 8 fastest swimmers of each category will be qualified to the corresponding final heat.

PRIZES

The first three athletes in each race and category will be awarded medals and gadgets. In each race of Novices A and Boys (male) categories, best athlete born in the first year of the category will be awarded.

Following FINA tables, the three best men's and women's technical performances will win the following: 1st place 500,00 euro, 2nd place 300,00 euro, 3rd place 200,00 euro.

TEAM PRIZES

The team standings are based on points awarded in each final race from the 1^{st} to the 8^{th} placed swimmers as follows: 1^{st} 9pts, 2^{nd} 7 pts, 3^{rd} 6 pts, 4^{th} 5 pts, 5^{th} 4 pts, 6^{th} 3 pts, 7^{th} 2 pts, 8^{th} 1pt. There will be five team's ranking lists: one for each category and a general one. In each ranking list, should one or more teams tie on points, the medals won will be taken into account.

Based on points won, for each category's ranking list the top three placed clubs will be awarded cups or plates, so as the top six teams in the general ranking list.

The club that comes first, based on the total points won by all the categories, will be awarded the Nico Sapio Trophy, to be hold until the next year edition.

Each team coach will receive a gadget.

The event will use the Race Official Group of the Italian Swimming Federation. Electronic timing will be provided by the Italian Time Keepers Federation.

For anything not provided for by the present regulations, Italian Swimming Federation regulations apply.

The 37th edition of the Nico Sapio Swimming Trophy (triennial non consecutive) is organized by the A.S.D. Genova Nuoto (Genova Nuoto Swimming Club) and is open to all Clubs of the Italian Swimming Federation or Federations abroad. It will be held on:

Sunday October 31st, 2010: races of the Novices A and Boys categories

Monday November 1st, 2010: races of the Juniors and Absolutes categories

All races will take place in the 25 meter, 8-lane pool of the *Complesso Polisportivo Sciorba, Via Adamoli 57,* Genoa (I).

SUNDAY OCTOBER 31ST, 2010 NOVICES A and BOYS

Order of competition:

Qualifying heats: warming-up 8:00 – race beginning 9:00 100 m Butterfly f/m Boys - Novices A 100 m Breaststroke f/m Boys - Novices A 100 m Freestyle f/m Boys - Novices A 200 m Medley f/m Boys Final heats: warming up 16:30 – begin 17:30 (same order)

MONDAY NOVEMBER 1ST, 2010 JUNIORS and ABSOLUTES

Order of competition:

Qualifying heats:warming-up8:00 - racebeginning9:00400 m Freestylef/mAbsolutes100 m Butterflyf/mJuniors - Absolutes100 m Backstrokef/mJuniors - Absolutes100 m Breaststrokef/mJuniors - Absolutes100 m Freestylef/mJuniors - Absolutes100 m Freestylef/mJuniors - Absolutes200 m Medleyf/mJuniors - Absolutes

Final heats: warming up 16:30 - begin 17:30 (same order)

Headquarter: Via Montaldo, 132 r – Phone and fax: 0039.10.816995 Secretariat: Sciorba Pool – Phone and fax 0039.10.8357081 Web site: www.genovanuoto.ne VAT number: 02438180107 - Fiscal code: 80042670101 IBAN Code: IT 11 U 03104 01404 00000820474

Genoa welcomes the Nico Sapio Swimming Trophy 2010

It is with great pleasure that we invite you to the 37^{th} edition of the Nico Sapio Swimming Trophy. Hosted by the Genova Nuoto Swimming Club, the meeting will take place in Genoa, Italy on October 31° and November 1^{st} 2010.

Genoa is a city and an important seaport in northern Italy, the capital of the Province of Genoa and of the Region of Liguria. It extends to more than 30 km coasts between Nervi and Voltri and the central town lies down as an amphitheatre all around the port, surrounded by hills adorned with ancient forts.

Genoa is also called La Superba ("the Superb one") due to its glorious past. The main features of central Genoa include Piazza De Ferrari, around which are sited the Opera House and the Palace of the Doges. There is also the house where Christopher Columbus was born. Strada Nuova (now Via Garibaldi), in the old city, was inscribed on the World Heritage List in 2006. This district was designed in the mid-16th century to accommodate Mannerist palaces of the city's most eminent families. Other landmarks of the city include the Old Harbour (Porto Antico), transformed into a mall by architect Renzo Piano, and the famous cemetery of Staglieno, renowned for its monuments and statues. Genoa has also a large aquarium located in the above-mentioned old harbour. The port of Genoa contains an ancient lighthouse, called "La Lanterna" which is the symbol of the city.

The Nico Sapio Swimming Trophy will take place at the pool of the "Complesso Polisportivo Sciorba" of Genoa, a 25 meter, 8-lane pool with electronic timing and scoreboard, ample spectator seating. For the entire duration of the event a second pool will be available for pre-race warming up.

Please feel free to explore the Genova Nuoto Club website (www.genovanuoto.net) for further details or e-mail at genovanuoto@genovanuoto.net if you are interested in participating or if you have any questions. Fin



37th Nico Sapio Swimming Trophy



Sunday October 31st – Monday November 1st, 2010

Complesso Polisportivo Sciorba Via Adamoli 57 – Genoa (I)